



# Believe, Bloom, and Balance

## CULTIVATING YOUR CREATIVE POTENTIAL

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### Believe

Spend some time thinking about your perfect day. Where are you? What are you doing? How do you feel? In this section write out your day in great detail. Dream big!

# Bloom

This section is all about decisions! What opportunities are you going to say yes to and which are you going to say no to? Use your Believe exercise as a guide.

| <i>Yes</i> | <i>No</i> |
|------------|-----------|
|            |           |

# Balance

In this section write your unique creative mission statement based on your Believe and Bloom exercises. Use this statement as a compass for future decision making to find and maintain balance.